

DISCIPLESHIP. SUPPLEMENT 5

[BIBLE]

A METHOD FOR BIBLE MEDITATION AND MEMORISATION

A. MOTIVATION FOR MEMORISING BIBLE VERSES

1. Memorised Bible verses will help you to overcome the powers of evil.
Read Ephesians 6:11,16; Matthew 4:2-4.
2. Memorised Bible verses will help you to live a true, pure and holy life in a crooked and perverse world.
Read Psalm 119:9,11.
3. Memorised Bible verses will enable you to give God's answers to man's questions.
Read Matthew 19:3-6; Luke 10:25-26.
4. Memorised Bible verses will enable you to expose and refute false teachings.
Read Matthew 22:23-33,41-46.
5. Memorised Bible verses will enable you to build biblical convictions and habits in your family.
Read Deuteronomy 6:4-9.
6. Memorised Bible verses will make your teaching authoritative and wise.
Read Matthew 5:27-28; 7:28-29; Colossians 3:16.
7. Memorised Bible verses will make your writing and proclamation of the gospel powerful.
Read Jeremiah 23:29; Hebrews 4:12; 2 Corinthians 10:3-5.
8. Memorised Bible verses will help you to pray with great confidence according to God's will, which God previously revealed in the Bible.
Read Genesis 32:9-12; Exodus 32:9-14.

B. METHOD OF MEDITATING BIBLE VERSES

Christian meditation has the following parts:

1. Think.

Think about the meaning of the different words.

Ask yourself questions like: Who? What? Where? When? Why? How?

2. Pray.

Pray to God and ask him what he intends to say to you. In your prayer, discuss with God the meaning of the truths and the possible applications. Respond to what God is saying to you.

3. Relate.

Relate the truths in the Bible verse to your personal life or to the world in which you live.

Ask yourself the following questions: "What is my need in the light of this verse?" "Which truth renews or strengthens me?" "What does God want me to know or believe or be or do?"

4. Write.

Write the most important thoughts of your meditation in a notebook.

C. METHOD OF MEMORISING BIBLE VERSES

Memorising verses (chapters or books) of the Bible has the following parts:

1. Choose a system that you want to use for your memorisation of Bible verses: cards or a notebook
2. Meditate and understand the Bible verse before you memorise it.

3. Write the Bible verse on a blank card or on one page of your small notebook as follows:

- Write the topic or title on the first line.
- Write the Bible reference of the verse on the second line.
- Draw a line and then write the text of the Bible verse line for line beneath that.
- Write the Bible reference of the verse at the bottom of the page and on the back of the card.

(1)
For example:

Assurance of salvation John 10:28
I give them eternal life, and they shall never perish; no one can snatch them out of my hand
John 10:28

John 10:28

4. Memorise the Bible verse in the right way.

- Always START with the topic or title, the Bible reference and the first line of the Bible verse.
- When you can quote this without a mistake, ADD the second line of the Bible verse and REPEAT FROM THE BEGINNING, that is, the topic, the reference and the two lines of the verse.
- When you can quote this without a mistake, ADD the third line of the Bible verse and REPEAT FROM THE BEGINNING, that is, the topic, the reference and the three lines of the verse. Etc.
- Do not memorise the Bible verse in separate pieces, because in that way you do not memorise the links between the pieces. Always start from the beginning, each time you repeat the verse.
- Always END by repeating the Bible reference once more, because the Bible reference is the most difficult part to remember.

Thus, the right sequence for Bible memorisation is:

- the topic
- the Bible reference
- the text of the Bible verse
- and the Bible reference again.

D. METHOD OF REVIEWING MEMORISED BIBLE VERSES

Reviewing previously memorised Bible verses has the following parts:

1. Review the new memorised Bible verses.

Review means to repeat the last 5 Bible verses you have memorised once every day. Repetition is the best method to remember Bible verses and to quote them accurately. Therefore, review the last 5 Bible verses you have memorised at a minimum of once a day for the duration of 5 weeks. Thus, you review every new Bible verse about 35 times before it comes into the 'back-review' system.

2. Review the old memorised Bible verses.

"Back-review" means to review all your previously memorised Bible verses once every 3 weeks. Back-review is the best method to remember all the Bible verses you have previously memorised. Therefore, for every 100 previously memorised Bible verses, back-review 5 of them every day. Thus you back-review all these previously memorised Bible verses once every 3 weeks.

3. Keep cardholder at hand.

Carry your memorisation cardholder or your memorisation notebook with you to work. Use travelling time and spare moments during the day for review, meditation and prayer. Review the last 5 Bible verses you have memorised. Back-review some Bible verses you have previously memorised. Meditate and pray about the contents of these verses.

4. Check accuracy.

Check one another to see whether you still know the Bible verses that you have memorised accurately. During every group meeting, divide into twos and check one another's last memorised Bible verse. Also once in a while, divide into twos and check one series of 5 Bible verses that you have previously memorised. Check one another to see whether you still know the topic or title, the Bible reference as well as the whole Bible verse *without one mistake*. As a cue, sometimes give the topic or title, sometimes the Bible reference and at other times only the first few words of the Bible verse.

E. LIST OF MEMORISATION VERSES IN DOTA

<p style="text-align: center;"><u>(A) Christian assurances</u></p> <p>(1) Assurance of salvation: John 10:28 (2) Assurance of answered prayer: John 16:24 (3) Assurance of victory: 1 Corinthians 10:13 (4) Assurance of forgiveness: 1 John 1:9 (5) Assurance of God's guidance: Proverbs 3:5-6</p>	<p style="text-align: center;"><u>(B) New life in Christ</u></p> <p>(1) Christ: 2 Corinthians 5:17 (2) Word: Matthew 4:4 (3) Prayer: John 15:7 (4) Fellowship: 1 John 1:7 (5) Witnessing: Matthew 10:32</p>
<p style="text-align: center;"><u>(C) The gospel</u></p> <p>(1) Nature of sin: Romans 3:23 (2) Punishment of sin: Ecclesiastes 12:14 (3) Atonement of sin: Romans 5:8 (4) Salvation is a gift: Ephesians 2:8-9 (5) Salvation by faith: John 1:12</p>	<p style="text-align: center;"><u>(D) Discipleship</u></p> <p>(1) Lordship: Romans 12:1-2 (2) Denial: Luke 9:23 (3) Service: Mark 10:45 (4) Giving: 2 Corinthians 9:6-7 (5) Making disciples: Matthew 28:18-20</p>
<p style="text-align: center;"><u>(E) Christian character</u></p> <p>(1) Christ likeness: 2 Corinthians 3:18 (2) Purity: 1 Peter 2:11 (3) Love: Mark 12:30-31 (4) Faith: Romans 4:20-21 (5) Humility: Philippians 2:3-4</p>	<p style="text-align: center;"><u>(F) Preparation for Christian marriage</u></p> <p>(1) Both believers: 2 Corinthians 6:14 (2) Same life goals: Amos 3:3 (3) Self-control: 1 Thessalonians 4:3-5 (4) Proper timing: Ecclesiastes 8:5b-6a (5) Right priorities: Matthew 6:33</p>
<p style="text-align: center;"><u>(G) Christian marriage</u></p> <p>(1) Leave and cleave: Genesis 2:24 (2) Love and lead: Ephesians 5:23,25 (3) Love and submit: Titus 2:4-5 (4) Resolve conflicts: Matthew 5:23-24 (5) Remain faithful: Proverbs 3:3-4</p>	<p style="text-align: center;"><u>(H) Christian parents</u></p> <p>(1) Love by spending: 2 Corinthians 12:14b-15a (2) Develop all areas: Proverbs 22:6 (3) Teach God's Word: Deuteronomy 6:6-7 (4) Bring up in the Lord: Ephesians 6:4 (5) Love through discipline: Proverbs 13:24</p>
<p style="text-align: center;"><u>(I) The kingdom of God</u></p> <p>(1) Enter into the kingdom: John 3:3,5 (2) Welcome children into the kingdom: Luke 18:16-17 (3) Preach the gospel of the kingdom: Matthew 24:14 (4) Never look back from serving in the kingdom: Luke 9:62 (5) The triumph of the kingdom: Daniel 2:44</p>	<p style="text-align: center;"><u>(J) The Christian Church</u></p> <p>(1) The nature of the Church: 1 Peter 2:5 (2) The activities in the Church: Acts 2:42 (3) The ministries of the Church: Ephesians 4:12-13 (4) The tasks of Church leaders: Acts 20:28 (5) The glory in the Church: Ephesians 3:20-21</p>
<p style="text-align: center;"><u>(K) God's greatness</u></p> <p>(1) God is incomparable: Isaiah 40:25-26 (2) God is all-glorious: 1 Chronicles 29:11 (3) God is sovereign: Ephesians 1:11-12 (4) God is all-knowing: Hebrews 4:13 (5) God is all-powerful: Jeremiah 32:17</p>	<p style="text-align: center;"><u>(L) God's resources</u></p> <p>(1) God's presence: Hebrews 13:5-6 (2) God's Word: Psalm 119:105 (3) God's strength: Isaiah 41:10 (4) God's wisdom: James 1:5 (5) God's healing: 2 Chronicles 7:14</p>