

# DISCIPLESHIP LESSON 16

<b>1</b>	<b>PRAYER</b>
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*Pray* for God’s guidance through his Spirit, for awareness of his presence and for listening to his voice. Dedicate this lesson about disciple making to the Lord.

<b>2</b>	<b>SHARING</b> (20 minutes)	<b>[QUIET TIMES]</b> <b>ACTS 4:23 – 7:60</b>
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*Take turns* and *share* (or *read* from your notes) in short what you have learned from one of your quiet times out of the assigned Bible passages (Acts 4:23 – 7:60). Listen to the person sharing, take him serious and accept him. Do not discuss what he shares.

<b>3</b>	<b>MEMORISATION</b> (20 minutes)	<b>[NEW LIFE IN CHRIST]</b> <b>(2) MATTHEW 4:4</b>
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## A. MEDITATION

(2)

Write the following memorisation verse on a white or blackboard as follows:

Word Matthew 4:4
Jesus answered, “It is written: ‘Man does not live on bread alone, but on every word that comes from the mouth of God’.” Matthew 4:4

Matthew 4:4
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### 1. What is the implication of the words “It is written”?

Jesus used this expression whenever he quoted from the Bible. *Jesus had an exalted view of the Bible.* He regarded the Bible as the ultimate touchstone of the truth for life and doctrine. And he regarded the Bible as the final court of appeal for the reason. In order to *give an answer* to the devil’s temptation, Jesus quoted three times from the Bible (Deuteronomy 8:3; 6:16; 6:13).

### 2. How did the spoken words of God bring life to people in the past?

**(1) First example.** In the first chapter of the Bible we read that God spoke a word and said, “Let there be light!” and there was light. The word that comes from the mouth of God is so powerful that it created everything out of nothing; the universe with all its stars, the earth and everything on the earth (Psalm 33:6; Hebrews 11:3).

**(2) Second example.** God led the Israelites for forty years through the desert in order to humble them and to test them (Deuteronomy 8:2-3). The word “to humble” can better be translated with “to bring into pressure”. God brought the Israelites into a situation of pressure in order to test them. They were in a desert, lacked bread and were suffering hunger. Although God knows everything and knew what was in the hearts of the Israelites, he still tested them to cause them to reveal the thoughts and attitudes in their hearts. But God also cared for them in their situation of pressure. By his *spoken word* he created manna for them to eat. He also took responsibility that their clothes did not wear out and that their feet did not swell from all the walking in the desert. The reason God brought them into situations of pressure and cared for them in those situations of pressure was that they would not trust in themselves, nor trust in others (the Egyptians), but only trust in God. The lesson God wanted to teach the Israelites was that they and all other people in the world are completely dependent on God’s spoken words that sustain them from day to day. “My Father is always at his work to this very day, and I too, am working” (John 5:17)!

**(3) Third example.** The angel Gabriel said to Mary, “No word (literally: no spoken word) of God shall be without power” (Luke 1:37)! He was referring to the fact that Mary would bear a son without having had a relationship with any man. Jesus Christ took on a human body through the powerful spoken word of God and the Holy Spirit who worked in Mary (Luke 1:34-38).

**(4) Fourth example.** After forty days of fasting in the desert, Jesus was hungry. The devil tried to tempt Jesus not to rely on God, but on his own abilities and change stones into bread. The devil wants people to believe that they can create their own conditions for life and that they do not need God. However, Jesus declares that it is not man, but God who creates the indispensable conditions for every man’s life through his spoken words (cf. John 5:17). Whether you believe in God or not, if God does not speak his powerful creative word, no man would eat or live!

### 3. Why is every spoken word of God important for man?

God's spoken words are so powerful that they create the air which man breathes, the rain and sunshine for his crops and the food he eats. It is so powerful that it sustains man day after day and minute by minute. It also sustains God's creation. "Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from the will of your Father" (Matthew 10:29). If God does not speak his powerful creative words, there will be no rain, no sunshine, no food, no water, no air to breathe, no beautiful trees and flowers. In short, nothing will come about, because God brings everything about by his powerful spoken words! That is why Jesus says that man can only live by every word that comes from the mouth of God! God's spoken word is an expression of God's sovereign kingship over all creation, over all circumstances and over all events in history.

### 4. Why is every written word of God important for men?

God commanded which of his spoken words should be recorded in the Bible and become his written words (Exodus 34:27; Deuteronomy 31:9-12,24-26)! Even the king had to make a written copy of the word of God, take it with him wherever he went, read it all the days of his life and carefully obey them (Deuteronomy 17:18-20)! The written words of God in the Bible are as powerful and effective as his spoken words!

Man can only live as God intended him to live, when he lives according to the written words of God in the Bible. The written words of God in the Bible have the power to reveal the mysteries of God (Luke 8:10), to break hardened hearts as a hammer breaks rocks and to destroy false human arguments as fire destroys straw (Jeremiah 23:29). The written words of God have the power to judge the thoughts and attitudes of the heart (Hebrews 4:12), to save people who believe those words (Romans 10:13-17) and to cause believers to grow in spiritual matters (1 Peter 2:2). The written words of God is very useful to teach the truths of God, to show people their sins, to correct their wrongs and to train them to become well-equipped workers for God (2 Timothy 3:16-17).

## B. MEMORISATION AND REVIEW

1. **Write.** Write the Bible verse on a blank card or on one page of your small notebook.
2. **Memorise.** Memorise the Bible verse in the right way. (2) Word. Matthew 4:4.
3. **Review.** Divide into twos and check one another's last memorised Bible verse.

<b>4</b>	<b>BIBLE STUDY</b> (70 minutes) <span style="float: right;"><b>[RELATIONSHIPS]</b></span>
<b>(2) THE CHRISTIAN RELATIONSHIP TO FRIENDS. JOHN 15:13-15</b>	

Make use of the five steps method of Bible study and study John 15:13-15 together.

<b>STEP 1. READ.</b>	<b>GOD'S WORD</b>
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**Read.** LET US READ John 15:13-15 together.  
Let us take turns to read one verse each until we have completed the reading.

<b>STEP 2. DISCOVER.</b>	<b>OBSERVATIONS</b>
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**Consider.** WHICH TRUTH IN THIS PASSAGE IS IMPORTANT FOR YOU?  
Or WHICH TRUTH IN THIS PASSAGE TOUCHES YOUR MIND OR HEART?  
**Record.** Discover one or two truths that you understand. Think about them and write your thoughts in your notebook.  
**Share.** (After the group members have had about two minutes to think and write, take turns to share).  
Let us take turns to share with one another what each of us has discovered.  
(The following are examples of people sharing what they have discovered. Remember, in every small group, the group members will share different things, not necessarily these things)

### 15:13

#### **Discovery 1. Formerly I was a slave, but now I am called a friend of Jesus.**

Jesus says that the greatest love is to lay down your life for your friends. What touches me deeply is the fact that *Jesus calls me his friend*. In Romans 5, I read what I was before I became a Christian. At that time I was weak, ungodly, a sinner and an enemy of God. I was weak especially in my character and utterly powerless to change myself. I was ungodly, because I lived without (independent of) the God of the Bible. Although I believed in someone people called 'god', I had a complete wrong concept of who the only true and living God was. I thought that he was so highly exalted, that no one could have a personal relationship with him. I prayed many times a day, fasted for long times, contributed my money and observed other religious practices, because I feared that he might not give me a place in paradise. I thought that I was a *slave* of God. I never even thought that it would be possible that God would like to be my *friend*. But now Jesus calls me His friend! I have friends on earth, but no friend on earth compares with Jesus as a friend! As my friend, he really wants to be close to me and do things together with me. The most important truth for me is that I,

- previously as a non-Christian was an enemy of God,
- later as a religious person a slave of God,

- but now as a Christian a friend of Jesus Christ.

**15:14**

**Discovery 2. Friendship involves responsibility.**

Jesus says, “You are my friends if you do what I command” (John 15:14). I realise that friendship is not automatic. Friendship involves responsibility. I can only be a friend of Jesus if I obey his commands and teachings. He also said, “Remain in my love. If you obey my commands, you will remain in my love” (John 15:9-10). He also said, “When a man’s ways are pleasing to the Lord, he makes even his enemies live at peace with him” (Proverbs 16:7). It is my responsibility to know his commands and it is also my responsibility to obey his commands. The most important truth for me is that if I want real friendship, then I have responsibilities within that friendship relationship.

**STEP 3. QUESTION.**

**EXPLANATIONS**

*Consider.* WHICH QUESTION ABOUT ANYTHING IN THIS PASSAGE WOULD YOU LIKE TO ASK TO THIS GROUP?

Let us try to understand all the truths in John 15:13-15 and ask questions about the things we still do not understand.

*Record.* Formulate your question as clearly as possible. Then write your question in your notebook.

*Share.* (After the group members have had about two minutes to think and write, let each person first share his question.)

*Discuss.* (Then, choose a few of these questions and try to answer them by discussing them together in your group.)

(The following are examples of questions the students might ask and some notes about the discussion of the questions.)

**15:13**

**Question 1. What does it mean to lay down your life for your friends?**

*Notes.* We must distinguish between the way Jesus laid down his life for us whom he calls “his friends” on the one hand and the way we should lay down our lives for others whom we call “our friends” on the other hand.

**(1) In one sense the love of Jesus is unique.**

The love that Jesus had for us when he died on the cross for us is unique. Three characteristics of his love are very special:

- His love has infinite value – it is a divine love, completely self-sacrificial and eternal.
- His love is substitutionary – He must lose his life in order to give me the real life.
- His love leads to salvation from all evil – it gives absolute genuine and perfect life.

The substitutionary nature of his love and the redemptive consequences of his love can never be a pattern for our love. In these respects the love of Christ is completely unique and cannot be copied. Jesus not only died for our benefit, he died in our place! Christ’s love is substitutionary love. His love causes him to pay the penalty for our sin and to suffer the agony of being forsaken by God in our place. We can never give this kind of substitutionary love to our friends. The substitutionary love of Jesus Christ no man can imitate! But the self-sacrificial nature of his love one can follow!

**(2) In another sense the love of Jesus is an example.**

However, John 15:12-13 says, “My command is this: Love each other as I have loved you. Greater love has no one than this, that he lay down his life for his friends.” This shows that there is a way in which the love of Christ for us as his friends is a pattern for our love for our friends. This characteristic of Christ’s love, which we should follow, is the self-sacrificial nature of his love. Jesus is saying, “Love each other self-sacrificially, as I have loved you self-sacrificially.” We love self-sacrificially, when we deny our interests and ourselves in order to love one another. Self-sacrificial love always has a cost. It costs time or money, energy and self-denial. Although I cannot show substitutionary love to my friends, I can and should show self-sacrificial love to my friends. I love self-sacrificially, not by literally dying, but by living for the genuine interests of my friends.

**(3) The first characteristic of Christian friendship.**

The first characteristic of Christian friendship is that true friendship always takes the initiative to the other and makes self-sacrificing contributions towards the other person. Christian friends never ask, “What can I get out of this relationship?” Christian friends always ask, “What do I bring (contribute) to this relationship?”

**15:14**

**Question 2. Why can somebody only be a friend of Jesus if he keeps the commands of Jesus?**

**(1) The responsibility of Jesus. He loves us with a condescending love.**

If I fail to keep some commands of Jesus, am I still his friend? This is a very interesting question. Let us consider what the disciples were like at that time. On their way to the Passover meal they were now eating, these same disciples had been arguing with one another about who of them should be considered the greatest (Luke 22:24). And when they arrived at the Upper Room, no one was willing to wash the other’s feet (John 13). Soon after this meal, they would not be able to watch with him for one hour as he prayed. And when the mob came to arrest Jesus, Peter got violent, drew his

sword and lopped someone's ear off. Thereafter, all the disciples deserted Jesus and fled. During the next day, very early in the morning, John and Peter followed Jesus only at a distance (John 18:15) and Peter denied Jesus three times.

In so many ways these disciples displayed their character deficiencies. And yet, in spite of the fact that Jesus knew that all these things were going to happen, he still called them his friends! How condescending is the love of Jesus! The love of Jesus for us as his friends is not determined by our weaknesses and failures, but only by his self-sacrificial love for us!

**(2) Our responsibility: we should develop our friendship relationships on his terms.**

In order to maintain a friendship relationship with Jesus Christ, the disciples must develop their friendship relationship on his terms. Friendship with Jesus Christ is possible only on his terms, never on our terms. Jesus determines what constitutes the friendship with him and what does not belong to this friendship. He is the One who determines the conditions and boundaries of this friendship-relationship! He issues the commands. This is important.

Friendship with Jesus is not like friendship in the world. Friendship in the world is a certain chemistry of feelings, a set of mutual likes and dislikes, often a compromise of convictions, an excitement to be together and do things together. But friendship with Jesus is different. It has very clear standards and boundaries. Jesus sets the terms as well as the boundaries of the friendship-relationship with him. We can only be friends with Jesus Christ *when we obey his commands*.

**(3) The love of Jesus for us as well as our love for Jesus is possible because we are his chosen people.**

How can we reconcile our responsibility to obey the commands of Jesus on the one hand and the condescending love of Jesus for us who have so many shortcomings on the other hand? The answer is in John 15:19, where Jesus says, "I have chosen you out of this world". He chose his disciples to be his own and to be with him. He saved them out of the dominant rule of the devil and sin (Colossians 1:13). Soon he is going to pour his Holy Spirit out on them.

Through the power and wisdom of the Holy Spirit they will be able to obey the commands of Jesus. Jesus treats us in the same way. He only requires from us the things, which he also graciously gives to us! Jesus never requires something unreasonable from us. He graciously gives us what is needed to obey him. Jesus not only commands us to obey him, but also gives us his Holy Spirit to regenerate and sanctify us so that we WANT to, CAN and WILL obey him. Christians have been chosen according to God's foreknowledge and have been sanctified through the Holy Spirit to obey Jesus Christ (1 Peter 1:1-2)!

**(4) The second characteristic of Christian friendship.**

The second characteristic of Christian friendship is that true friendship always has standards and boundaries, which are determined by the commands and teachings of Jesus Christ. Christian friends never follow the ways and standards of the sinful world. Instead, Christian friends always follow the ways, standards and boundaries determined by Jesus Christ in the Bible. Genuine friends of Jesus WANT to, CAN and WILL follow the commands and teachings of Jesus Christ. Good friends on earth always keep the commands and teachings of the Bible as the standards and boundaries within which they develop their friendship. Real friends never pull one another down to the standards of the world, but always draw one another up to the standards of Jesus Christ.

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**15:15**

**Question 3. Why are the disciples of Jesus no longer called "slaves"?**

**Notes.** Jesus says, "I no longer call you slaves (Greek: doulos), because a slave does not know his master's business. Instead I have called you friends (Greek: filios), for everything that I learned from my Father I have made known to you." Just earlier the same evening, Jesus had said that if he, their Lord or Master, washed their feet, then they must wash one another's feet, because *no slave* (Greek: doulos) is greater than his master, nor a messenger greater than the one who sent him (John 13:14-16). In John 13 the disciples are called "slaves" and here in John 15 they are no longer called "slaves". Why?

**(1) The word "slave" emphasises position of the disciples.**

The word "slave" emphasises the position of the disciples in their relationship to their Master, Jesus Christ, and in their position towards one another – none of the disciples is the master or lord over the others. Jesus taught them the importance of humble service. In the world, a slave is never greater than his master. But if the Master, Jesus, washed the feet of his slaves, how much more should the slaves not wash one another's feet? "To wash someone's feet" was the responsibility of the least slave in the house. He had to wash the dust off the feet of the guests. "To wash feet" means that the disciples have to be willing to take the lowest position among people and to do the tasks, which no one else is willing or able to do. John 13 places the emphasis on THE POSITION of the disciples in their relationship to Jesus and to one another. The position of a Christian is always that of "a slave".

**(2) The word "friend" emphasises the close relationship with the disciples.**

The word "friend" emphasises the closeness of the disciples in their relationship to Jesus and to one another. Jesus had already told his disciples many important things.

- He told them why he was sent to the earth - God the Father sent Jesus to the earth to seek and to save the lost.

- He told them why he was going to suffer - He would suffer to pay the penalty for the sin of all his people.
- He told them why he had to leave the earth - He would leave the earth at his resurrection and ascension in order to pour the Holy Spirit out on his disciples and to prepare a place for them in heaven.
- He told them how a person could be saved - People can be saved by believing in him.

Now generally, masters do not tell such things to their slaves. But Jesus told his disciples these things, because they had become his friends! The word “slave” would not be proper to indicate the close relationship between Jesus and his disciples. John 15 places the emphasis on the CLOSENESS OF THE RELATIONSHIP towards Jesus and towards one another. The relationship of a Christian is always that of “a friend” (not of a “slave”).

### **(3) The third characteristic of Christian friendship.**

The third characteristic of Christian friendship is that true friends always share openly with one another the things that they have learned from God the Father. Christian friends never keep the best they have learned for themselves, but share what they learn from the Bible with one another.

### **(4) Christians are no longer slaves of the law, but friends of the Lawyer, Jesus Christ.**

There is another distinction between slaves and friends. The Jews were burdened down with many human laws, ordinances and traditions<sup>1</sup>. They were “slaves of the law” as interpreted by man.

However, the disciples received “the light and easy yoke of Jesus” to carry (Matthew 11:28-30). “The yoke of Jesus” refers to the commandment to love God (Jesus) and the teachings of Jesus. The Jewish Law was an unbearable heavy burden which no man could fulfil! But the commandment to love and the teaching of Jesus was in comparison to this a light burden, because the Spirit of Jesus Christ together with love came to dwell in them (Romans 5:5). The disciples of Jesus Christ were no longer slaves of the law and lawgivers (the Pharisees and teachers of the Law), but had become the friends of the Lawgiver Who had *fulfilled* the law (Matthew 5:17) and had *cancelled* (Colossians 2:14) and *abolished* (Ephesians 2:14-15) the ceremonial law! They were no more *slaves of the law* that give themselves to man-made religious rules and traditions, which no man could keep. They were *friends of Jesus*, who had dedicated themselves fully to Jesus Christ and to his cause in the world. The slaves occupy themselves all the time with endless rules of the law, but the disciples occupy themselves all the time with the extension of the kingdom of Jesus Christ. The friends of Jesus make Jesus Christ more and more the King of their own lives and help other people to make Jesus Christ the King of their hearts and lives!

## **15:13-15**

### **Question 4. How do I make friends practically and how do I keep them as friends?**

**Notes.** Jesus calls those people for whom he has laid down his life in a substitutionary and self-sacrificial way “his friends”. He calls those people, who obey his command “his friends”. And he calls those people with whom he shares whatever he has learned from God the Father “his friends”.

John 15:13-15 teaches us three very important principles about Christian friendship.

#### **(1) John 13:13 teaches the first principle of Christian friendship:**

##### **You make friends by loving someone self-sacrificially.**

Do not wait for someone to be your friend. Take the initiative and make a friend! People in the world often ask, “Who are my friends?” But a Christian should ask, “To whom am I a friend?” Jesus took the initiative and made friends out of people who were his enemies before. Like Jesus, Christians may follow his example and show self-sacrificial love to loveless people. They should show friendliness to unfriendly people. And they should visit lonely people. Thus they bring such lost people to Christ.

#### **(2) John 13:14 teaches the second principle of Christian friendship:**

##### **You maintain friendship by pulling one another up into what Christ would like us to become.**

Friends in the world often pull one another down towards their own low standards and worldly (compromising) life-style. But Christian friends pull one another up towards the standards of obedience to Jesus Christ and his (uncompromising) life-style. True friendship can only exist and flourish in an atmosphere of loving Christ and Christ’s commands and loving one another. People in the world feel that they have to lower themselves to the values and life-style of others, in order to make so-called “friends” in the world and to feel accepted by them. But Christians know that they should influence the values and life-style of others in a positive way in order to have meaningful and lasting friendships with them. Christians make friends, not by conforming to the evil people of the world, but by positively influencing and transforming people to become more and more like Jesus Christ.

#### **(3) John 13:15 teaches the third principle of Christian friendship:**

##### **You deepen friendship by sharing what you learn from God.**

Do not limit your talk to material things and the news of the day. Talk also about God, Jesus Christ, the Bible and the things God is teaching you day after day. People in the world often are afraid to talk about spiritual things, because they are ignorant. Christians should help them to discover spiritual truths in a way that does not embarrass them.

<sup>1</sup> The Jewish teachers had added 613 (248 commands and 365 prohibitions) to God’s revealed law.

Thus, I am a real friend to another person when:

- I take the initiative to love him self-sacrificially
- I pull him up into the standards and boundaries of Christ's commands
- I open myself and share with him what I learn from God.

#### **STEP 4. APPLY.**

#### **APPLICATIONS**

**Consider.** WHICH TRUTHS IN THIS PASSAGE ARE POSSIBLE APPLICATIONS FOR CHRISTIANS?

**Share and record.** Let us brainstorm with one another and record a list of possible applications from John 15:13-15.

**Consider.** WHICH POSSIBLE APPLICATION DOES GOD WANT YOU TO TURN INTO A PERSONAL APPLICATION?

**Record.** Write this personal application down in your notebook. Feel free to share your personal application.

(Remember that people in every group will apply different truths or even make different applications of the same truth. The following is a list of possible applications.)

#### **1. Examples of possible applications from John 15:13-15.**

- 15:13. Take the initiative and make friends with a person who opposes you, or who is lonely, or who is loveless and lost.
- 15:14. Pull all your friends up into the standards and boundaries of Christ's commands and teachings.
- 15:15. Share what you are learning from God with your friends.

#### **Possible applications from the book of Proverbs.**

- 13:20. He who walks with the wise grows wise.
- 16:28. A gossip separates close friends.
- 17:17. A friend loves at all times, and a brother is born for adversity.
- 18:24. A man of many companions may come to ruin, but there is a friend that sticks closer than a brother.
- 19:4,6. A poor man's friends deserts him; everyone is the friend of a man who gives gifts.
- 19:20. Listen to advice and accept instruction, and in the end you will be wise.
- 19:25. Rebuke a discerning man, and he will gain knowledge.
- 20:19. A gossip betrays a confidence; so avoid a man who talks too much.
- 22:11. He who loves a pure heart and whose speech is gracious will have the king for his friend.
- 22:24-25. Do not make friends with a hot-tempered man, do not associate with one easily angered, or you may learn his ways and get yourself ensnared.
- 23:20-21. Do not join those who drink too much wine or gorge themselves on meat, for drunkards and gluttons become poor, and drowsiness clothes them in rags.
- 24:1-2. Do not envy wicked men, do not desire their company; for their hearts plot violence, and their lips talk about making trouble.
- 26:4-5. Do not answer a fool according to his folly or you will be like him yourself. Answer a fool according to his folly, or he will be wise in his own eyes.
- 26:9-10. Like a thorn bush in a drunkard's hand, is a proverb in the mouth of a fool. Like an archer who wounds at random is he who hires a fool or any passer-by.
- 27:5-6. Better is open rebuke than hidden love. Wounds from a friend can be trusted.
- 27:9. The pleasantness of ones friend springs from his earnest counsel.
- 27:10. Do not forsake your friend and the friend of your father, and do not go to your brother's house when disaster strikes you – better a neighbour nearby than a brother far away.
- 27:17. As iron sharpens iron, so one man sharpens another.

#### **2. Examples of personal applications from John 15:13-15.**

The Gospel of John has taught me how to make friends. Instead of always waiting for someone to become my friend, I want to take the initiative and be a friend for him. I really want to learn more about self-denial and self-sacrifice. I am going to study the Book of Proverbs, which teaches very much about true friendship. The three words I want to remember are: self-denial, self-sacrifice and self-discipline.

I want to continue to develop my responsibilities as a friend. The Gospel of John taught me that it is my responsibility to pull my friends up to the standards and boundaries of knowing Jesus Christ and obeying his commands and teachings. I want to share with them what I learn from God. The book of Proverbs teaches me that it is my responsibility to sharpen my friends so that they may become their best for God and for other people. The one word I want to remember is *influence*. I want to influence my friends in what is right in God's eyes and in what is best for him.

#### **STEP 5. PRAY.**

#### **RESPONSE**

LET US TAKE TURNS TO PRAY ABOUT ONE TRUTH THAT GOD HAS TAUGHT US in John 15:13-15.

(Respond in your prayer to what you have learned during this Bible study. Practise to pray only in one or two sentences. Remember that people in every group will pray about different issues.)

<b>5</b>	<b>PRAYER</b> (8 minutes)	<b>[INTERCESSION] PRAY FOR OTHERS</b>
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*Continue to pray* in groups of two's or three's. Pray for one another and for the people in the world (Romans 15:30; Colossians 4:12).

<b>6</b>	<b>PREPARATION</b> (2 minutes)	<b>[ASSIGNMENT] FOR NEXT LESSON</b>
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*(Group leader.* Give the group members this preparation for at home in writing or let them copy it down).

1. Commitment. Be committed to make disciples.  
Preach, teach or study the Bible study of John 15:13-15 together with another person or group of people.
2. Personal time with God. Have a quiet time from half a chapter of **Acts 8:1 – 11:18** each day.  
Make use of the favourite truth method. Make notes.
3. Memorisation. (2) Word. **Matthew 4:4**. Daily review the last 5 memorised Bible verses.
4. Prayer. Pray for someone or something specific this week and see what God is doing (Psalm 5:3).
5. Update your notebook on making disciples. Include the notes on your personal time with God, memorisation notes, Bible study notes and this preparation.