

GO AND MAKE DISCIPLES

BEGINNING DISCIPLESHIP
part 1

by
DOTA

MANUAL 1
FOR GROUP LEADERS

Fourth revised edition 2016

INTRODUCTION

Do *you* want to grow as a disciple of Jesus Christ?
Do *you* want to help other believers to grow?

Then study the four MANUALS FOR GROUP LEADERS ON MAKING DISCIPLES and practise its contents!
Hereafter called: Manual 1 to 4. A “disciple” is a follower of Jesus Christ who learns as he follows.

Jesus made disciples. He said to people, “Come and see” and “Follow Me” (John 1:39,43). And people everywhere are coming to see how he lived and what he gave his life to. They follow him in every country of the world, because of who he is and what he does. He changed their lives completely. He changed our lives completely!

Later Jesus prayerfully chose twelve men to disciple and equip. He wanted these growing disciples to spend time “with him”, to listen to his words and to observe his life, to follow his life and imitate his ministry (Mark 3:13-15).

After about two years, Jesus gave his disciples a task, “Go and make disciples of all nations” (Matthew 28:18-20). And they went and made disciples from Jerusalem to the ends of the earth (Acts 1:8). These disciples in their turn made more disciples and went to other yet unreached places. They passed on to others what they had learned (2 Timothy 2:2). Thus, the disciples of the Lord Jesus Christ are making new disciples in every country of the world today.

The apostle Paul teaches that Jesus Christ gave to particular Christians the task
“to equip God’s people for works of service,
so that the body of Christ may be built up” (Ephesians 4:11-16)

The purpose of the four manuals is to help a Christian group leader to equip other Christians under his care to become disciples of Jesus Christ. A “disciple” is a mature, functioning and persevering Christian.

The Dota course makes the training of disciples practical by giving the group leader the following:

1. Each of the four manuals contains 12 lessons that can be completed in three months (one lesson a week) or in six months (one lesson every 14 days). In the intensive course a manual can be completed in six days.
2. Important Bible references help the students to get to know Christ and the Bible.
3. The group leader should make use of the questions and let students read the Bible passages before discussion.
4. The “notes” give a summary of the answer to each question. This serves as a guideline for the group leader.
5. The training course teaches practical methods to practise discipleship alone or together in a small group.
6. Each lesson includes a preparation to do at home, which may be handed out to the students at the end of a lesson.
7. The training course is easy to pass on to others. After completion of each course of 12 lessons, those students, who will teach the training course to another small group of people, may receive a copy of this manual for group leaders.

Our prayer is that the Lord rapidly increase the number of people that become disciples of Jesus Christ in your area and that a large number of people become obedient to the faith (Acts 6:7).

May the Lord be glorified! “For from him and through him and to him are all things.
To him be the glory forever! Amen” (Romans 11:36).

DOTA (The name originated in 1993-05-10 when the course was mainly broadcasted by radio as “Discipleship training On The Air”, a radio broadcasting and training seminars in China). 1994 (First edition). 2016 (Fourth revised edition).

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RECOMMENDATION

The materials are intended to be widely used and to be a blessing to many. But because the purpose of the four manuals is to train Christians to become disciples and become equipped for a task, it is recommended that only group leaders of this “Dota disciple training course” may make exact copies of these manuals. A student should only receive an exact copy of a lesson or of a manual after he has completed the course of twelve lessons and only when he will teach it to another person or small group of people.